

## Appendix 2 - Extract from the new School Health Service Specification

### 7.9 Mental Health and Emotional Wellbeing

The Provider shall ensure:

- School Health Service team's are appropriately trained to identify risk factors and mental health and emotional wellbeing problems early and to provide Tier 1 support as per NICE Guideline *CG28 Depression in children and young people: Identification and management in primary, community and secondary care*.
- School Nurses refer children as appropriate to other services, including GPs, mental health services and, to social care. Families may also be notified to health visiting if there are pre-school children requiring input.
- Care pathways are clearly defined with other organisations and agencies providing level 1,2 and or 3 Mental wellbeing services and other primary care providers
- School Nurses develop strong professional relationships with the outreach CAMHS workers and other relevant professionals.
- School Nurses support the school and assist in:
  - Creating an environment to promote social and mental health wellbeing and make services accessible and approachable
  - Working with school governing body, oversee social and mental health training for staff
  - Working towards gaining AcSEED Award ([www.acseed.org](http://www.acseed.org)) as outlined in department for education guidance.
  - Developing services with input from service users as per NICE guidance CG28
  - Developing a whole family approach to social and mental health
    - Ensuring all parents are aware of social and mental health programmes at school
    - Working with parents (primary school) to promote young person's emotional wellbeing
    - Providing (or referrals to) small group parenting support for suitable parents
- School Nurses are the 'CAMHS link worker' to tier 2 services as outlined in CG 28. This role will develop the relationship between schools, school health and mental health services. Further, this role will formalise the support, advice and training that local CAMHS services can provide to the School Health Service.
- School Health Service teams shall work with schools and input into anti-bullying interventions.